A breakthrough from the breaking point

On the verge of breaking up, Our Lady Peace pushes sound on newest release PAGE 8

CANADIANS STILL ON TOP

MEN WIN WORLD CURLING TITLE PAGE 14

REGINA metro

Monday, April 9, 2012

News worth sharing.

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Roughriders serve up AN EASTER FEAST

Saskatchewan Roughriders kicker Chris Milo spent part of his Easter weekend giving back to the North Central community, by helping serve Easter dinner at the For Souls Harbour Rescue Mission in Regina. Milo — co-holder of the record for the longest punt in North American pro football — was joined by the Riders' popular defensive tackle Keith Shologan. NATASHA TERSIGNI/FOR METRO

Think taxes are high now? You just wait

Future pain. City to reassess property values, as report cites 'significant' changes in past six years

ALEX BOUTILIER
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Regina homeowners should expect to see a significant change in their property values next year.

A report coming before the city's executive committee on Wednesday indicates there has been a "significant" rise in property values since the last assessment, conducted in 2009.

"The values of property have changed significantly from the base date of June 30, 2006, to January 1, 2011, which is the base year for the 2013 reassessment," reads the report. "Values have risen further since 2010, which may make the change in values from 2006 to 2010 base years difficult for property owners to understand and relate to."

The city is required by provincial legislation to reassess property values every four years. City staff hope to notify property owners about the changes in value — and the associated tax impact — by August, with assessment notices mailed by November.

But staff were at pains to point out that changes in property values do not "automatically" affect the amount of tax a property owner pays.

"Individual assessments are used to allocate taxes; the budget process is what determines the level of revenue required," the report states. "Given the significant increase in property values between base assessment years, it is important to ensure this message is provided early and often in the reassessment process."

In other words, it's council's budget — not simply your property value — that decides how much tax you'll pay.

Quotable

"The concept that the total amount of municipal taxes are set in the budget process and that property assessments are used to allocate taxes ... will continue to be a key message."
Staff report

Bubba's the Master

Lefty wins first PGA major at Augusta PAGE 14

Fast food goes into high gear

Mobile food trucks may be on their way to Regina PAGE 2

Wild party on the horizon?

Cancer Bats hitting the Exchange PAGE 3

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NEWS

On the web

Senior wows crowds

Eighty-six-year-old Johanna Quaas could put gymnasts a quarter her age to shame. Last month, the springy silver-haired octogenarian wowed a crowd during parallel-bar and floor-exercise rotations at the Cottbus Challenger Cup in Brandenburg, Germany. Watch at metronews.ca

Flash and feathers

Eighty feathers and fluff were afloat in Berlin after a flash-mob pillow fight took to the city's famous Brandenburg Gate. Watch at metronews.ca.

Mobile news

Britain's Olympic chief fears the London Games could be marred by a protest like the one that disrupted the Boat Race between Oxford and Cambridge on the River Thames. Scan the code for the full story.

One person's art is another person's ...

Karleigh Paul peeks out from between the panels that make up the striking Regina Gateway that greets drivers along Regina Avenue at Lewvan Drive, near the Regina International Airport, on Sunday. Although many residents have said the sculpture is a distraction to motorists as well as an eyesore, the jarring bone-like sculpture has received a prestigious "Design Excellence" award from the Ontario Association of Architects. Go figure. ARTHUR D. WARD JR./FOR METRO

Hotdog! Mobile food trucks may be coming to Regina

Culinary trend. Some residents are opposed to the proposed late-night hours of operation

Across North America, mobile food trucks have become a culinary phenomenon, cooking up everything from Korean-Mexican fusion to seafood in portable kitchen trailers. If the city has its way, this trend could soon be coming to Regina.

The city has implemented a new mobile food pilot project that will allow vendors to operate on downtown streets. We could be feasting on a variety of goodies from food trucks as early as the end of April.

The area zoned for mobile food vendors includes streets throughout downtown and on the portion of Victoria Avenue between Rose and Smith streets. "Vendors may be allowed in the City Square plaza in the future," according to the city's press release.

Not only can vendors apply for a year-round license, they will be able to stay open from 9 p.m. to 2 a.m. daily.

It's the late-night hours that some residents oppose. David Poole owns his own excavating business and lives downtown on Victoria Drive.

"I don't like it," he said of the pilot project. "There are already kids hooting and hollering in the middle of the night downtown." He doesn't like the idea of food trucks staying open until two in the morning, encouraging even more people to linger in his neighbourhood.

Even though Poole lives downtown he doesn't usually eat there, preferring to drive to the east end of the city for meals out. It's this attitude towards the city's core that the Downtown Neighbourhood Plan, a committee created by the city that is closely involved in the food vendor's pilot project, would like to change.

"People living downtown will shop and eat downtown," the plan's executive summary, an outline of the committee's vision, states. "People will be on the streets at all hours, fostering a safer environment."

CARRIE-MAY SIGGINS/METRO

Expanding horizons

Until now, the city only granted permits to sidewalk food venders, as opposed to street vendors, who were operating in the downtown area.

- This usually included smaller outlets such as hotdog stands. But with the new procedures, larger and more elaborate units will be authorized to park on downtown streets and offer new delights for those tired of hotdogs.

Faithful celebrate Easter

Parishioners gathered at St. Luke Anglican Church in the Lakeview area of Regina to celebrate Easter Sunday. Rev. Christopher Snook ministered the service for the roughly 100 people in attendance. Next year will be the neighbourhood church's 60th anniversary.

CARRIE-MAY SIGGINS/METRO

Unity. First Nations Winter Games kick off this week

Over the next week, about 3,000 Aboriginal athletes and an equal number of coaches and supporters will converge on Saskatoon for the 2012 Saskatchewan First Nations Winter Games.

The games — originally a venue to showcase young aboriginal athletes — are now a provincewide celebration. Organizers said the event is about competition, but also about unity. "I think that's key," said the game's sports co-ordinator, Kerry Sasakamoose. "It's about shaking their hands, welcoming them in as a tribal council and acknowledging that those people are my friends and that's what we try to do, to build a kinship across Saskatchewan with our First Nations brothers and sisters."

Robert Cote Sr. and his son Robert Cote Jr. are the son and grandson, respectively, of the games' founder, Tony Cote. They said they feel the games are an important tradition for the province. "For me, I was at the first winter games as a participant, then I moved on to be a coach and now my son is in the games, so they've passed on a generation," said Cote Sr.

The 2012 Saskatchewan First Nations Winter Games are being held Monday through Friday in locations throughout Saskatoon. For more information on the games visit batcwintergames.ca.

MORGAN MODJESKI/METRO SASKATOON

Kerry Sasakamoose, sports co-ordinator for the SFNWG.
MORGAN MODJESKI/METRO

Launch postponed

New arts space beset by delays

The Artful Dodger, a new arts space, concert venue and restaurant that was set to open this week, has postponed its grand opening. The Coleen Brown concert that was to be the first live music show in the space will now be at the Creative City Centre on Monday.

The delays are due to a combination of factors, including a lack of zoning classification that fits such an eclectic space, says owner Carol Cairns.

"It's not a private club, it's not just a restaurant. We'd like to create an entirely new classification called 'cultural space.'"

Until then, Cairns and the city have been negotiating a compromise. She expects the space will open to the public by the last week of April.

CARRIE-MAY SIGGINS/METRO

Police investigating

Crash cuts power to North Central

Regina police still have not located the driver of a vehicle that sheared clear through a power pole early Friday morning.

Just after 2:30 a.m. on Friday, police received reports of a loud crash followed by a power outage in the area of McIntyre Street and 6th Avenue.

When police arrived on scene, they found a grey Buick Century with extensive damage — but no driver. Police believe the vehicle struck the wooden pole, shearing it in two. The pole then fell on top of the vehicle, which proceeded to hit a chain-link fence, damaging a portion of it.

The driver fled the scene before police arrived. Staff Sgt. Brent Ermel told Metro Sunday the cause of the accident remains unclear.

SaskPower had to be called to repair the damage and restore power to the city's North Central area.

ALEX BOUTILIER /METRO

Newest millionaire

Sask. woman hits jackpot on scratch ticket

Saskatchewan's newest millionaire, Lori Fehr, is the first person in the province to win six figures on a scratch-and-win ticket in more than a decade.

She says her husband bought the ticket March 30 using their winnings of $80 from previous tickets.

THE CANADIAN PRESS

Highway 10

Two killed in car crash

Two people are dead after a collision on Highway 10 just east of Regina.

The crash occurred just before 10 p.m. Friday. According to police, the two vehicles collided head on, killing the two male drivers and sending a female passenger to hospital in serious condition. The names of the deceased are not being released pending notification of next of kin.

Sgt. Greg Todd of the RCMP said road conditions were not ideal at the time of the accident.

"We were kind of in the midst of a spring storm, and travel was not advised," Todd said on Sunday, adding, however, there were no road closures in the Regina area.

Todd said the weather is not being tagged as the cause of the accident.

The incident remains under investigation.

ALEX BOUTILIER/METRO

Child was starved

Sentencing delay for grandparents

A Saskatchewan couple who starved their young granddaughter and kept her in a basement room say they take full responsibility for their actions.

The couple appeared in a Regina courtroom Thursday, but Judge Frank Gerein said he would delay sentencing again because he wants the couple to read a case called Gladue. That was a case in which the Supreme Court of Canada ruled that judges should take an aboriginal offender's background into account for sentencing. Further arguments are to be heard on Friday. THE CANADIAN PRESS

Cancer Bats' lead singer Liam Cormier, third from left, is back in town, and plans to rattle things up at the Exchange Monday night. He says every time the band plays Regina, it's always wild. CONTRIBUTED

They're dead set on rocking out

Show tonight.
Tickets are $20, doors to open at 7 p.m.

PAUL BOGDAN
regina@metronews.ca

"Everyone knows that Saskatchewan shows are a wild party," says Liam Cormier, vocalist of Cancer Bats, in an interview with Metro.

Notwithstanding the fact that it's Monday, and you probably have to work in the morning, Cormier doesn't dispel the possibility of things getting out of hand tonight at the Cancer Bats' show at the Exchange.

"I think we've got a good crew lined up and a good reputation for a pretty wild night. I'm super excited; every time we play Regina, it's always wild," says Cormier.

For the fans

"I think anyone who was a fan of Cancer Bats before is definitely going to be excited for the new record."

Liam Cormier, vocalist of Cancer Bats
Speaking about their new album, Dead Set on Living, which drops April 17

Even though their new album, Dead Set on Living, doesn't drop until April 17, the band has been playing new material on the tour, which Cormier feels has been well received by audiences thus far.

"We've been playing new jams the whole tour, and they've been going over great. People have been super psyched and really excited to hear them," says Cormier.

Cormier's own excitement for the record comes from the enjoyment the band had writing and recording Dead Set on Living. The vocalist says that the group didn't worry about following up or rewriting previous records. Rather, they focused on returning to why Cancer Bats was first formed.

"I think it's just a really fun record.... Dead Set on Living is getting back to what we love about the band and why we started Cancer Bats in the first place, which is to make rad jams that we're all stoked on and to have a good time."

Parole denied. Dad to stay behind bars for shooting

A Saskatchewan father who fatally shot a man and claimed it was to save his daughter from drugs has been denied parole.

Kim Walker was seeking parole at a hearing in Regina after being jailed for killing James Hayward.

The parole board ruled Thursday that Walker does not have sufficient insight into his actions. The board also found his risk to reoffend was not manageable in the community.

The decision was a relief to Hayward's brother, Dan, who said Walker has never shown remorse.

"The fact that he's going for early parole ... it's like a giant slap in the face that he's not even willing to spend the little amount time that he was convicted for behind bars," Dan said. THE CANADIAN PRESS

Jadah Walker and her father, Kim Walker. KARL KOPAN /THE CANADIAN PRESS

NCAA. Regina's Nelson goes down in hockey finals

Regina's own Taylor Nelson and his Ferris State teammates were taken down hard by the Boston College Eagles, 4-1, Saturday night at the NCAA championships.

The Eagles clawed their way to their fifth NCAA title, their third in the last five seasons.

Ferris State (26-12-5) was making its first Frozen Four appearance.

"You can't say enough about what Boston College has accomplished," Ferris State coach Bob Daniels said. "I think that's a very special program. It's going to be hard to duplicate."

Ferris State goalie Taylor Nelson of Regina. THE ASSOCIATED PRESS FILE

Garrett Thompson scored the lone goal for Ferris State. METRO

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Recovery. 20-year-old communicating after double-lung transplant

JOE LOFARO
Metro in Ottawa

Hélène Campbell is showing signs of recovery from her seven-hour double-lung transplant — spelling words and breathing a bit on her own, her mother tweeted Sunday.

The 20-year-old Barrhaven, Ont., woman who launched a powerful organ-donation awareness campaign after being diagnosed with advanced pulmonary fibrosis last summer underwent the double-lung transplant surgery Friday morning at the Toronto General Hospital.

On Sunday, her mother, Manon Roy Campbell, tweeted, "With an alphabetic board, Helene is spelling words to communicate when awake. She was doing some leg exercises while in bed this afternoon!"

In a previous tweet, Manon also said, "Helene continues to remain stable, she is able to do some breathing on her own but is still helped with the ventilator." THE CANADIAN PRESS

Survivor

"That gift of life is something that we will honour."
Alan Campbell, father of Hélène

Hateful emails

Bible ban evokes threatening letters

An Ontario public-school board's decision to ban distribution of Gideon Bibles to its students has unleashed a torrent of threatening calls and hateful emails directed at trustees.

Some messages to the Bluewater District School Board express racist sentiment and question trustees' patriotism.

"Allowing newcomers to Canada the ability to walk all over our heritage has got to stop before they carry us into the realm of a warring nation like the one they often left behind," one email said. THE CANADIAN PRESS

McGill student suing U.S. government for border interrogation

Lawsuit. Student's lawyers argue search was unconstitutional, but government says it has right to search at border without cause

Pascal Abidor, an Islamic studies doctoral student at McGill University, poses at McGill in Montreal, Wednesday. Abidor was detained at the U.S. border and saw his computer confiscated for over a week. GRAHAM HUGHES/THE CANADIAN PRESS

A Montreal university student was detained at the U.S. border, held for several hours, interrogated, had his personal belongings searched and saw his computer confiscated for over a week.

What caught the authorities' attention? His doctoral research on Islamic studies, he says.

In a case that has attracted media attention in the U.S., Pascal Abidor has become embroiled in a drawn-out legal battle with the American government.

Abidor, a 28-year-old American and French dual citizen, was returning by train to Brooklyn in May 2010 when a U.S. Customs and Border Protection agent stopped him at the border in Champlain, N.Y.

The agent turned on Abidor's computer and found photos of rallies by the Hamas militant group. He says he explained that he had downloaded them from Google as part of his McGill University doctoral dissertation on the modern history of Shiites in Lebanon.

When Abidor's laptop was returned 11 days later, there was evidence that many of his personal files had been opened, he said. A federal judge heard arguments in July 2011 by the U.S. government for throwing out the lawsuit. The judge has yet to rule on whether he will dismiss the case. THE CANADIAN PRESS

Escalating costs

MacKay knew of high costs of jets

Defence Minister Peter MacKay says he was aware two years ago that it would cost closer to $25 billion to buy a new fleet of F-35 stealth fighter jets.

That's about $10 billion more than the nearly $15 billion the government has maintained would be the price of the 65 radar-evading aircraft.

MacKay was asked on CTV's Question Period whether he was aware of the higher internal number. He said the higher number takes into account the ongoing cost of pilots' salaries and other costs associated with operating the current fleet of CF-18 jet fighters.

"Yes, and it was explained to me just that way, that the additional $10 billion was money that you could describe as sunk costs, that is what we're paying our personnel, and the fuel that is currently being expended in CF-18s, jet fuel, maintenance costs, what we are currently spending," MacKay said. THE CANADIAN PRESS

Avalanche on world's highest battlefield

Kashmir region. At least 135 soldiers and civilians missing at entrance to Siachen Glacier

Pakistan's army chief Gen. Ashfaq Parvez Kayani, centre, gestures during his visit to an avalanche site in Pakistan. INTER SERVICES PUBLIC RELATIONS/AP PHOTO

Rescue workers used bulldozers Sunday to dig through huge banks of snow following a massive avalanche a day earlier in Siachen that engulfed a military complex and buried at least 135 people.

Most of the victims were soldiers.

The avalanche occurred in a mountain battleground close to the Indian border.

More than 24 hours after the disaster at the entrance to the Siachen Glacier, no bodies have yet been recovered, said military officials.

The accident, which is on the northern tip of the divided Kashmir region claimed by both India and Pakistan, highlighted the risks of deploying troops in one of the most inhospitable places on earth.

Troops have been posted at elevations of up to 6,700 metres and have skirmished intermittently since 1984. The glacier is known as the world's highest battlefield.

The army said 240 troops and civilians worked at the scene Sunday with the aid of sniffer dogs and heavy machinery.

Pakistan and India have fought three wars since 1947; two have been over Kashmir.

Conflict there began in 1984 when India occupied the heights of the 78-kilometre long glacier, fearing Pakistan wanted to claim the territory. Pakistan also deployed its troops. Both armies remain entrenched despite the ceasefire, costing the poverty-stricken countries many millions of dollars each year. THE ASSOCIATED PRESS

Tulsa arrests. Black community terrorized in spate of shootings

Police backed by a helicopter arrested two men early Sunday and said they would face murder charges in the recent shootings that terrorized Tulsa's black community.

Three people were killed and two others were critically wounded.

Police spokesman said the two men were arrested at a home just north of Tulsa about 2 a.m. Sunday and were expected to be charged with three counts of first-degree murder and two counts of shooting with intent to kill.

While police identified the men as white and all the victims are black, authorities have not described the shootings as racially motivated and declined to discuss that issue.

Community leaders, however, expressed concern about the motivation for the shootings on Tulsa's predominantly black north side, as well as the possibility that they would provoke a vigilante response.

The Rev. Warren Blakney Sr., president of the Tulsa chapter of the National Association for the Advancement of Colored People, a civil-rights organization, said that word of the arrests had provided a great sense of relief.

"The community once again can go about its business without fear of there being a shooter on the streets on today, on Easter morning," he said.

Police said they linked the shootings because they happened about the same time and within a few kilometres of each other,

All five victims were out walking when they were shot. Four were found in yards, and one in the street.

Police have said they don't believe the victims knew one another. They identified the men in custody as Jake England, 19, and Alvin Watts, 32, but gave no hometowns for them.

Officers said they were taken early Sunday for questioning at a downtown Tulsa police station, where they would be booked and jailed.

Tulsa police Chief Chuck Jordan called the attacks vicious and cowardly. Police said they did not have a motive for the shootings.

Tulsa police had at least two dozen officers investigating the case, along with the FBI, the U.S. Marshals Service and other agencies.

After receiving a tip, police found the men at one spot and then followed them as they walked to another place about a half-mile away. THE ASSOCIATED PRESS

60 Minutes' 'interrogator' Mike Wallace dies at 93

Obituary. Feared for his prosecutorial style, Wallace's reputation arrived for the interview before he did

"Mike Wallace is here to see you."

The 60 Minutes journalist's reputation as a pitiless inquisitor was so fearsome that it was often said that those were the most dreaded words in the English language, capable of reducing an interview subject to a shaking, sweating mess.

Wallace, who won his 21st and final Emmy Award at 89, died Saturday in the New Canaan, Conn., care facility where he had lived the last few years of his life. He was 93.

Wallace didn't just interview people. He interrogated them. He cross-examined them. Sometimes he eviscerated them. His weapons were many: Thorough research, a cocked eyebrow, a skeptical "Come on" and a question so direct sometimes it took your breath away.

The late Mike Wallace
TOBY TALBOT/THE ASSOCIATED PRESS FILE

He was well aware that his reputation arrived at an interview before he did, said Jeff Fager, CBS News chairman and Wallace's long-time producer at 60 Minutes.

"He loved it," Fager said Sunday. "He loved that part of Mike Wallace. He loved being Mike Wallace. He loved the fact that if he showed up for an interview, it made people nervous.... He knew, and he knew that everybody else knew, that he was going to get to the truth. And that's what motivated him."

Wallace made 60 Minutes compulsively watchable, television's first newsmagazine that became appointment viewing on Sunday nights. His last interview, in January 2008, was with Roger Clemens on his alleged steroid use. Slowed by a triple bypass later that month and the ravages of time, he retired from public life.

THE ASSOCIATED PRESS

Vatican. Pope calls on Syria to put stop to ongoing violence

Pope Benedict XVI implored the Syrian regime Sunday to heed international demands to end the bloodshed and expressed hope that the joy of Easter will comfort Christian communities suffering because of their faith.

Benedict, struggling with hoarseness and looking tired, celebrated Mass on Christianity's most joyous holy day on the flower-adorned steps of St. Peter's Basilica, before a crowd of faithful that swelled to far over 100,000 by the end of the two-hour-long ceremony.

Only hours earlier, the pontiff, who turns 85 on April 16, had led a long nighttime vigil service in the church. There have been concerns over his health.

At the end of Sunday's Mass, Benedict moved to the basilica's central balcony to read his Easter message "to the entire world."

THE ASSOCIATED PRESS

Pope Benedict XVI, seen here greeting the faithful at the Vatican on Sunday. OSSERVATORE ROMAN/THE ASSOCIATED PRESS

Peace plan for Syria delayed

A UN-brokered plan to stop the bloodshed in Syria effectively collapsed Sunday after President Bashar Assad's government raised new, last-minute demands that the country's largest rebel group swiftly rejected.

The truce plan, devised by UN-Arab League envoy Kofi Annan, was supposed to go into effect on Tuesday, with a withdrawal of Syrian forces from population centres, followed within 48 hours by a ceasefire by both sides in the uprising against four decades of repressive rule by the Assad family.

But on Sunday, Syria's Foreign Ministry said that, ahead of any troop pullback, the government needs written guarantees from opposition fighters that they will lay down their weapons.

The commander of the rebel Free Syrian Army said that while his group is ready to abide by a truce, it does not recognize the regime "and for that reason we will not give guarantees."

THE ASSOCIATED PRESS

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Carney urges smarter development of natural resources

Exports. Natural-resource industry needs to ensure it is being paid global rates for its products, Bank of Canada governor says

Bank of Canada Gov. Mark Carney
FRANK GUNN/THE CANADIAN PRESS

Part of the solution to Canada's poor export performance lies with natural resources, but simply pumping oil out the door won't suffice, says the governor of the Bank of Canada.

Mark Carney recently chastised Canadian business for being trade laggards since the 2008 recession, saying they have not done enough to infiltrate growing markets.

Carney said opportunities in natural resources abound in Canada, but they need to be developed quickly, efficiently — and sustainably.

"These opportunities exist at a time when there are other opportunities in other jurisdictions, other countries. So there is an element of competition here, and we need to be appropriately efficient in their development," Carney said in an interview with The Canadian Press.

Canadian business should count on commodities prices and the Canadian dollar staying relatively strong over the long term and calculate their costs and revenues accordingly, he said.

"The scale of the natural resources opportunities are huge (and) should be developed in a sustainable way," he stressed, opting to use the term "sustainable" at a time when federal budget directives dropped the notion of sustainable development and replaced it with "responsible" exploitation of resources. THE CANADIAN PRESS

Pipeline. Aboriginals growing more dismayed with hearings process

The federal government's decision to put a cap on how long environmental-assessment hearings can drag on isn't expected to affect the Northern Gateway pipeline project, but aboriginal reaction to the change probably will.

Natural Resources Minister Joe Oliver says Ottawa isn't planning to fast-track the approval process for the proposed $5.5-billion pipeline, despite his government's announcement in last month's budget they would limit project reviews to 24 months.

The Gateway assessment was always scheduled to be completed within that time frame.

But aboriginal leaders in British Columbia say they are becoming increasingly dismayed with the public-hearing process and are now seriously considering bypassing the hearings and heading straight to court.

Coastal First Nations spokesman Art Sterritt said the cancellation of a day and a half of scheduled review-panel hearings in the central B.C. coastal community of Bella Bella last week signalled to many aboriginals that Ottawa has already heard enough from Northern Gateway's opponents.

"My guess is they are now going to try and shut it down by the fall," said Sterritt, whose organization is an alliance of about a dozen First Nations along B.C.'s north and central coasts and Haida Gwaii.
THE CANADIAN PRESS

Panel process

- A three-member panel is assessing the environmental effects of the project and is reviewing the Enbridge application under both the Canadian Environmental Assessment Act and the National Energy Board Act.
- Under the act, the panel will decide if the project is in the public interest. It will assess its environmental effects and make recommendations to the Conservative government.

Safety concerns

Ford recalls Focus vehicles

Ford is recalling more than 140,000 Focus compact cars because the passenger-side windshield wiper can fail.

U.S. federal-safety regulators say a seal in the wiper motor wiring may be missing. Water can get inside and cause the wiper to stop working, increasing the risk of a crash.

There are 19,062 Focus vehicles in Canada that are involved in the recall.
THE ASSOCIATED PRESS

Market Minute

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OIL $103.31 US (+$1.84)

GOLD $1,630.10 US (+$16)

Natural gas: $2.089 US (-5.2¢)
Dow Jones: 13,060.14 (-14.61)

Contracts expire for thousands of AT&T workers

About 40,000 AT&T landline workers will stay on the job this week without a contract, their union said Sunday.

The workers' contracts expired over the weekend, raising the possibility of a strike. But the Communications Workers of America and AT&T said that they'll keep working on a new deal.

CWA spokeswoman Candice Johnson said union representatives met with AT&T on Sunday after talks ended late on Saturday. She doesn't know how long it will take to reach an agreement.

"Everyone wants to get this done soon," Johnson said.

The employees, meanwhile, will continue to receive the same wages and benefits as before. If negotiations break down, they still have the option to call for a walkout.

AT&T spokesman Marty Richter also said talks were ongoing. He said earlier that the company has been planning for the possibility for a strike for two years, and managers and vendors will step in to keep service running if there is one.

At issue in the negotiations are job-protection clauses and health-care premiums and co-payments. AT&T says it wants employees to shoulder more of their growing health-care costs and more leeway to downsize its shrinking landline operations.

Some of its workers have contracts that guarantee them job offers at different parts of the company if they're laid off.

Union organizers point to the overall financial health of the company, which posted a profit of $4 billion US for last year.
THE ASSOCIATED Ppress

94.5 JACK fm
$1000 Minute
CLUE TO WIN:
SPELUNKER
Listen to 94.5 Jack FM at 7:40am to play $1000 Minute. Answer 10 questions correctly in 60 seconds and win $1000. This clue will be an answer for one of the questions in tomorrow's game.

NO JOKE — ALACHEWAN HAS A NICE RING TO IT

URBAN COMPASS
Paul Sullivan
regina@metronews.ca

Some of the best ideas have humble beginnings.

For example: The April Fool's Day news release from the Wildrose party announcing plans to pursue a merger between Saskatchewan and Alberta. Would you believe Saskberta?

The tongue-in-cheek release went on to propose that the capital of the conjoined province be relocated in Lloydminster and renamed Regimonton.

All very amusing. But now that we've had a few days to absorb it, is this not the best idea to come out of Alberta since Family Day?

Think about it. Saskatchewan is great, but Saskberta is greater, exactly 661,848 square kilometres greater. Instantly bigger than Ontario, smaller only than Quebec and Nunavut, which don't really qualify as provinces. (Quebec is a nation, right?)

From our new vantage point in Regimonton, we can survey our vast domain and all the new goodies.

For the first time, Saskatchewan can be described as "mountainous" (Diefenbaker doesn't count).

For the first time, Alberta gets a real football team.

Of course, we'd have to straighten a few things out. The name, for example. Saskberta is, literally, a joke. And it's not fair that Alberta gets the majority of syllables. I propose Alachewan, which flows off the tongue compared to the awkward, herky-jerky Saskberta, which sounds like a cross between a poisonous plant and a semi-mythical woodland creature. Alachewan, in addition to being syllable-fair, sounds like a James Cameron movie.

It would also put a quick end to the idea of calling the province's third NHL team the "Saskberta Grain Elevators." How can you tell the release was written by some political geek? Everybody knows you name your NHL team after a cool beast, such as the Alachewan Grinding Gophers. Good in the corners.

We could also re-examine Regimonton. Now that the province will at least double the number of politicians in the legislature, perhaps Caltoon would be appropriate.

The more you think about it, the more it makes sense. And it comes at a time when the two provinces have the strongest economies and the lowest unemployment in the country. People from the east who now migrate to Alberta won't have as far to go before they get here.

Really, it's the same place, a place where the skies are not cloudy all day and the cities are constructed around the principle of ample parking. We have everything, and with the merger we'll simply have more.

All except one thing. The news release points out that the merged province would acquire "access to a deepwater port to facilitate exports of Alberta's energy products." Er, April Fool.

For that we'd have to annex Manitoba.

Bwa-ha-ha.

Retracing Titanic's path

ALASTAIR GRANT/THE ASSOCIATED PRESS

All aboard

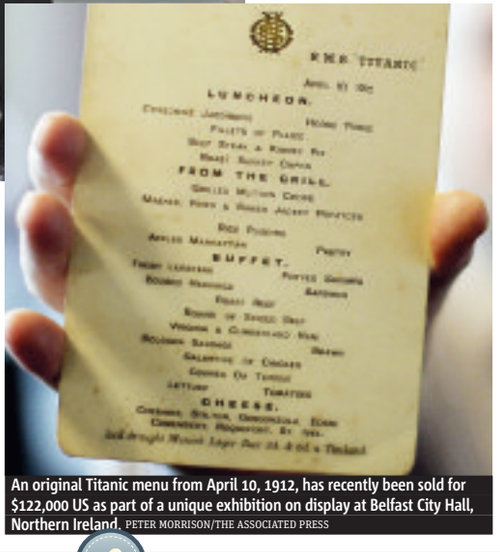
Cruise recreates experience 100 years later

Mary Beth Crocker Dearing and her husband Tom Dearing from Newport, Ky., pose for the media in period costume as they wait to board the MS Balmoral cruise ship in Southampton, England, on Sunday.

Nearly 100 years after the Titanic went down, a cruise with the same number of passengers aboard set sail to retrace the ship's voyage, including a visit to the location where it sank. The Titanic Memorial Cruise departed Sunday from Southampton, where the Titanic left on its maiden voyage. Organizers are trying to recreate the on-board experience, minus the disaster, from the food to a band playing music from that era.

THE ASSOCIATED PRESS

A mockup of a first-class dining table from the Titanic is seen in the check-in area for the MS Balmoral Titanic memorial cruise.
ALASTAIR GRANT/THE ASSOCIATED PRESS



An original Titanic menu from April 10, 1912, has recently been sold for $122,000 US as part of a unique exhibition on display at Belfast City Hall, Northern Ireland. PETER MORRISON/THE ASSOCIATED PRESS

Worth mentioning. Need a special figurine for your wedding cake? Call Alberta

Spring brings showers, flowers, and dreams of the perfect wedding, complete with the perfect table settings, decorative bows, aisle runners and stationary holders.

But many couples heading for the altar might be surprised to learn that the founder of the global company that's supplying the decorations for their special day — right down to personalized bride-and-groom figurines for their wedding cakes — got his start in the business when he was still playing in the rough-and-tumble world of junior hockey.

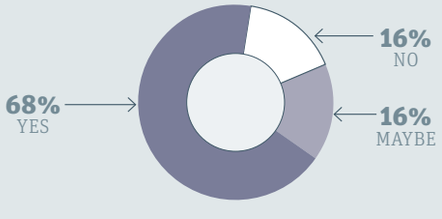
Meet Rick Brink of Weddingstar, a company with 70 employees and warehouses in North America, Europe and Australia with its headquarters in an unlikely location — just outside Medicine Hat, Alta.

THE CANADIAN PRESS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Are you going to make the tax deadline?



Twitter

@RalphGoodale: +20C in #Regina 2 days ago. Now this-curling weather! Congrats 2 Cda's Howard Rink in wrld final tmrw!

@shelbyengele: anyone know a good place to get a retro bicycle in #YQR? usedregina and kijiji have been a bust!

@lindymcgunigal: so hot outside grass is green sky is cloudless. love this saskatchewan weather. #whoamikidding #getmeoutofhere

@jrock71: Danielle Smith to Alison Redford at debate "I can see Saskatchewan from my doorstep" #abvotes #abpoli

@kelseykaitlin87: Good old Saskatchewan highways #roadssuck #gottalovethepraries #flatland

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2
SCENE

Our Lady Peace released their latest album, Curve, last week. AARON VINCENT ELKAIM/THE CANADIAN PRESS

Our Lady Peace had a clumsy path to new disc

Transformation. Band came to the brink of a breakup before enlisting the help of a new producer who helped them push their sound forward

Toughing it out

"I think we all really knew in our hearts we hadn't got there yet."

Our Lady Peace frontman Raine Maida on the band sticking together through tough times so they could put out their latest album, Curve.

The past decade hasn't been an entirely peaceful time for Our Lady Peace.

Frontman Raine Maida concedes that diminishing record sales, a hobbled industry and an occasional feeling of creative aimlessness brought the Toronto band closer to the brink of a breakup than they've otherwise been in nearly 20 years of playing together. But Maida says the alt-rock quartet stayed united in large part because they could sense a creative breakthrough was around the corner, and he feels they've found it with new disc, Curve. "I think the last 10 years were probably the most tumultuous, and we never broke up because even when we were really on the cusp of it — of walking away from this — because we hadn't made this record," Maida said during a recent interview in Toronto. "I think we all really knew in our hearts we hadn't got there yet."

The transformative process began the first time the band got into a room with producer Jason Lader (known for helming discs by Maroon 5, Rilo Kiley and Elvis Costello), who was blunt in summing up his thoughts on some of the material the band was working with at the time.

And Maida said it was crude candour, not tact, that the band needed. "It's like when you're in a relationship for a long time with someone — it gets harder and harder to pull the right things out of people," he said. "I can only push Jeremy (Taggart) so hard as a drummer and he's only going to say certain things to me as a lyricist ... it's all baby steps.

"But then we brought Jason in and it's like no baby steps. No filter. 'This sucks. You guys don't listen to this kind of music, why would you make a record like this? Let's challenge you.'"

For Maida, the process meant revisiting records that inspired him — early Peter Gabriel and David Bowie — to draw inspiration. The band pushed to find deeper grooves, unusual rhythms and new textures, adding keyboards (or guitars that sounded like keyboards) and new vocal wrinkles to subtly tweak their sound.

It was important to Maida that the band not stray too far from their traditional sound, but instead push it forward.

Largely, the new tunes sound a little subtler, a little funkier. The supple Window Seat slowly heats to a boil, Fire in the Hen House dances atop a nimble bassline while album-closer Mettle mixes spoken-word recordings over delicately plucked guitar strings.

The recordings in question came from conversations conducted with 74-year-old Canadian boxing legend George Chuvalo. Maida — a lifelong fan of boxing and mixed martial arts — went to Chuvalo's home with a tape recorder to talk about the boxer's life (a sepia-toned image of the pugilist adorns the album's cover), which was racked with hardship. Chuvalo lost three of his sons to suicide or addiction and his first wife also took her own life. "There's so much depth to George," Maida said. "He's a fighter in and out of the ring."

THE CANADIAN PRESS

Box office

Easter feast for Hunger Games

Film fans are still forking over for The Hunger Games, which has taken in $33.5 million to lead the box office for a third-straight weekend. According to studio estimates Sunday, The Hunger Games raised its domestic total to $302.8 million. It easily out-earned two returning favourites, the American Pie sequel American Reunion and a 3D version of the blockbuster Titanic. Both newcomers opened solidly, though. American Reunion pulled in $21.5 million, the lowest haul since the 1999 original but still a decent return for a comedy franchise whose last chapter came nine years ago. Titanic in 3D reeled in $17.4 million over the weekend, raising its domestic take to $25.7 million since opening Wednesday. That lifts the lifetime domestic gross of James Cameron's mega-hit to $626.5 million.

THE ASSOCIATED PRESS

On the web

Group New Multitudes honour Woody Guthrie with new music based on his unfinished works

Hanson have come a long way from MMMBop. HANDOUT/THE CANADIAN PRESS

Shout it Out. Hanson brothers set out to prove they're all grown up

Back when Hanson were chart-topping teenybop idols, there was one question they heard over and over.

"People would ask us, what are you going to do when you get a real job?" drummer Zac Hanson said in an interview last week at a Toronto pub. "And we'd say stuff like: 'Just think of us as old guys with high voices. We're going to be doing this until we're old and grey.'"

Fifteen years since Middle of Nowhere catapulted Hanson to pop stardom, the band is still working to deliver on that promise. The trio certainly cuts a different figure than they did back in '97, when the sunshine-pop smash MMMBop introduced three cherubic siblings.

Now? The Hansons are all married and have a combined eight kids. But as they promote this week's Canadian release of their sixth record, Shout it Out, they acknowledge that it's still an uphill battle trying to persuade listeners that a former Tiger Beat fave can indeed change its stripes.

"Part of the (process) is just realizing it's not personal," said Taylor, 29.

On Shout it Out — which actually came out Stateside back in 2010 — the band revisited the soul/R&B influences that originally earned comparisons to the Jackson 5.

THE CANADIAN PRESS

Hathaway really dedicated to film role?

Anne Hathaway has reportedly been starving herself for her role as a tuberculosis-stricken prostitute in a new film version of Les Miserables, according to the Daily Mirror.

Sources say the actress has subsisted on a 500-calorie diet to drop 16 pounds in three weeks — and that's on top of a grueling gym regimen.

"Anne was exercising two hours a day, five days a week," a source says, though her rep insists it's all being blown out of proportion: "The numbers are exaggerated in both pounds and calories," Hathaway's rep says.

Heidi Klum

Stick a fork in it: Klum and Seal are done

There goes any hope for a reconciliation: Three months after announcing their separation, Heidi Klum has officially filed divorce papers against husband Seal in California, citing "irreconcilable differences," according to TMZ. The couple's prenuptial agreement reportedly ensures they'll retain separate property and assets, and Klum is seeking primary custody of the couple's four children, with visitation rights for Seal.

Will Hunger Games director helm the sequel?

After introducing the blockbuster franchise, director Gary Ross will reportedly not be returning to helm the second Hunger Games film, according to the Playlist.

Ross and the franchise's studio, Lionsgate, were involved in a "tough" back and forth over the deal for Catching Fire, the second installment in Suzanne Collins' book series. Ross was reportedly paid $3 million for the first film, plus five per cent of its profits. Deadline's Nikki Finke, however, insists the reports are premature, and that Ross has been on vacation with his family while the news of his walking away from the franchise has spread.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Amanda Bynes arrested for DUI

THE WORD
Dorothy Robinson
scene@metronews.ca

Nickelodeon star Amanda Bynes, 26, showed she isn't that innocent by pulling a very Lohan-esque move over the weekend: She drunkenly careened into a police car in the wee hours of Friday morning.

According to People magazine, the Hairspray actress was arrested for driving under the influence in Los Angeles after colliding with a police car at around 3 a.m. on Friday, after partying at L.A.'s Greystone Manor Club.

"A Los Angeles County Sheriff's Deputy in a marked black and white radio car was stopped at the intersection of ... Robertson Boulevard and Santa Monica Boulevard preparing to turn right onto Santa Monica Boulevard when a black BMW driven by actress Amanda Bynes attempted to pass the right of the radio car, colliding with the right rear quarter panel of the radio car," the West Hollywood Sheriff's office said in a statement.

"There was minor paint transfer damage to both vehicles. Amanda Bynes was subsequently arrested for driving under the influence and booked at West Hollywood Sheriff's Station."

The actress sported pink-highlighted hair in her mug shot, and after posting $5,000 for bail, she was spotted the next day in the same leg-baring outfit to retrieve her BMW from an impound lot, according to TMZ.

Look on the bright side, Bynes: The "I'm not drunk. I'm just kinda over it and bored" face you're trying to work in your booking photo is some of the best acting work you've done in years.

Britney Spears ALL PHOTOS GETTY IMAGES

Jason Trawick to share legal control over Britney Spears

Poor Britney Spears. Sure, she's a famous millionaire, has two cute kids (we can overlook for a moment with whom she had them), and a killer body.

But she's still apparently incapable of looking after her own affairs.

It was announced over the weekend that her fiancé, Jason Trawick, has reportedly filed a petition to be added as one of her conservators, according to E! News.

If approved, Trawick would be in charge of Spears' general well-being, while the singer's father would still be in charge of her multimillion-dollar fortune. Per People, a conservator like Trawick has the legal authority to make decisions over a person's food, clothing and medical care.

Since 2008, Spears' father has held legal control over her, her career, and her fortune after the singer suffered a psychological breakdown.

Sad. Usually you hope a marriage will be an equal partnership in all affairs, but it seems like Spears, 30, is still so medicated/sick that she's incapable of self-sufficiency. This is what America does to its famous young women. Amanda Bynes, take note.

Klein thanks dog for recovery

American Reunion star Chris Klein knew he had a problem with alcohol thanks to his German shepherd, Chief.

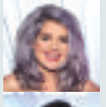
"He would get agitated that the alcohol was coming out, and I will be forever grateful to him for that," Klein, who has been sober for 19 months following a DUI arrest and a stint in rehab, tells People magazine.

"He began to recognize the behaviour shift in me when (I drank) alcohol and his behaviour would change. Anybody that has a meaningful relationship with a dog will understand that the disappointment that I saw in his eyes, (it was) insurmountable."

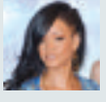
Twitter

@SethMacFarlane
This country is so asleep it's kind of a shock that the rest of the world doesn't write on us.

@SteveMartinToGo
I thought yesterday was the first day of the rest of my life but it turns out today is.



@MissKellyO
I love it when my Dad calls me up just for a chat!



@rihanna
If u love something let it go...if it doesn't come back, hunt it down and kill it

3 LIFE

Casting Call

Say Cheese for Gap

Gap is looking for the next faces of BabyGap and GapKids.

Up to five photos and a description of babies ages four and under or kids ages five to 12 can be posted at gap.com/castingcall between April 2 and 22.

Winners will receive a $1,000 gift card to Gap and a $10,000 donation made in their name to Communities in Schools, a Canadian NFP helping kids to stay in school.

DELIA MACPHERSON, METRO

On the Web

Divorce expo a low-key counterpoint to multi-million-dollar wedding industry

After 11 years of marriage, Brian and Kathryn Quinn renewed their wedding vows. DEANNA FENECH/ THE ASSOCIATED PRESS

Walk down the aisle faithfully (again)

Vow renewal. Saying, 'I do' a second (or third) time reminds couples of how far they have come

Kathryn Quinn of East Lansing, Mich., is approaching her 11-year anniversary. She and her husband recently renewed their vows on a trip to the Virgin Islands.

"I'm so glad we did it," she said. "This was our first trip away from our children. It was at a beautiful location. The vow renewal was meaningful, and gave us a chance away from our daily life to really celebrate our time together and be grateful for our relationship."

Recommitting to a relationship through vow renewals is becoming more popular, said Susan Southerland, president of Just Marry!, Inc. wedding planners in Orlando.

"In the last three to five years, they've become extremely popular. We've always done one or two throughout the year, but all of a sudden it's become a huge request."

Winifred Brunston of Lancaster, Calif., lost her husband last year. She enjoys looking back to their 35th anniversary, in 2004, when they renewed their vows in the same small church where they got married.

Brunston feels marriage vows mean more over the years because "it lets the spouse know you still love them enough to marry them again."

Anja Winikka, editor of the wedding TheKnot.com, believes one reason for the spike of interest in vow renewals is that some celebrity couples have done it.

Tori Spelling and Dean McDermott filmed their vow renewal for their reality TV show. Holly Robinson Peete tweeted photos after she and former NFL quarterback Rodney Peete recently celebrated their 17-year anniversary by renewing their vows on top of the Empire State Building in New York. Mariah Carey and Nick Cannon are the most consistent; they renew their vows every year.

"You hear about it, and just like any trends in the wedding industry and in decor and fashion, celebrities certainly do influence us in that way," says Winikka.

Southerland says she recently helped a couple who renew their vows every year. "It's always a surprise, and the husband plans it," she said.

Whether you renew your vows annually or just once, in a small ceremony or as part of a vacation, the cost of saying "I do — again" can vary.

"You can do something that's very simple, that's just the husband and wife standing up with a photographer, and that can be less than $1,000. Or you can do something where you've invited a bunch of people. I've had people spend upwards of 50 or 60 thousand," Southerland said.

And even a do-over bride can turn into a Bridezilla, she says. "That still is personality-driven, which kind of makes me chuckle," she said. "I'm thinking, 'Wow, you've known this guy for a long time. What's there to be nervous about?' Others are more laid-back. But you still have some very nervous brides."

THE ASSOCIATED PRESS

Popularity

"In the last three to five years, they've become extremely popular."

Susan Southerland, president of Just Marry!, Inc. wedding planners
on the increasing popularity of vow-renewal ceremonies

Mariah Carey and Nick Cannon renew their vows each year. CHRIS PIZZELLO, FILE/ THE ASSOCIATED PRESS

The Web

When kids google you

While I'm proud to be a mommy blogger, I recently found myself in a position where I actually thought, "Crap, I think I may have to stop writing about motherhood." This was thanks to Google. Or rather, thanks to my daughter, who recently learned what Google search is and how to use it.

It started when, inspired by her future stepsisters who told her dolls cannot talk, she Google searched "Are stuffed animals real?" One of the things that came up was a post I had written about how my daughter freaked out when she took Ellie (her stuffed animal) into a pool and poor Ellie drowned. (Of course I gave Ellie mouth-to-mouth and she was fine.)

She read the piece. Then: Tears. Lots and lots of tears. "Why did you write that?" my daughter asked, crying, as the truth sunk in. My heart broke.

But she was hooked. Another night, I found she had Google searched me, via "Google Image," to show some new friends. What she pulled up were photos of me lying sexily in lingerie that went along with a story I did about boudoir photography. The good news is I look damn good. The bad news is I didn't really want strangers (especially little children) looking at me in lingerie.

At home, I don't allow my daughter to be on a computer. She doesn't have her own, and she knows that she is not to touch mine, under any circumstances. But this year at school, sometimes her homework is to Google search people who are coming into her class to speak. I'm at her side when she does this, but along with iPads, and computers at other people's homes, I can't really control her use.

No matter how open and close I am with my daughter, I just know I'll have a lot of explaining to do one day thanks to all my writing about her. I'm trying to look at the positives, and there is only one thing I can come up with. I've never had a sex tape leaked. And I never plan to film a sex tape. And, I suppose, I'm glad she can…read?

REBECCA ECKLER, MOMMYISH.COM

Upgrade these casual bites

This recipe serves two to four. THE CANADIAN PRESS H/O

Chicken Fingers. Kids will love dipping these bites into the Caesar Mayonnaise

These chicken fingers will make a perfect weeknight supper. Children love them, so you will have an enthusiastic audience, and the adults in the crowd will appreciate them as well.

The chicken fingers have a kicked-up crust and tasty Caesar dipping sauce to serve them up with.

Toss in some chopped romaine lettuce for a new twist for your next Chicken Caesar Salad.

1. Cut chicken into strips and dredge in flour. Coat chicken with mayonnaise.

2. In a shallow dish, mix together breadcrumbs, rind, cajun spice, garlic powder, salt and pepper; toss chicken in mixture to coat evenly.

3. Place chicken strips on a parchment paper lined baking sheet. Bake in 200 C (400 F) oven for about 25 minutes, turning them halfway or until no longer pink inside. Serve with Caesar Mayonnaise.

4. Caesar Mayonnaise: In a bowl, whisk together mayonnaise, cheese, parsley, capers, lemon rind and juice, salt and pepper.

THE CANADIAN PRESS/ HELLMAN'S/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE VISIT EMILYRICHARDSCOOK.CA.)

Ingredients

- 2 boneless, skinless chicken breasts
- 125 ml (1/2 cup) whole wheat flour
- 125 ml (1/2 cup) mayonnaise
- 250 ml (1 cup) whole-wheat or panko breadcrumbs
- 10 mL (2 tsp) grated lemon rind
- 5 ml (1 tsp) cajun spice
- 2 ml (1/2 tsp) garlic powder
- Pinch each salt and freshly ground pepper

Caesar Mayonnaise

- 125 ml (1/2 cup) mayonnaise
- 30 ml (2 tbsp) freshly grated Parmesan cheese
- 15 ml (1 tbsp) chopped fresh parsley
- 5 ml (1 tsp) chopped capers
- 5 mL (1 tsp) grated lemon rind
- 5 ml (1 tsp) lemon juice
- Pinch each salt and pepper

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com

Red Lobster is a seafood favourite for many families thanks to its seemingly endless options. Just be careful what part of the menu you're ordering from.

Admiral's Feast

1,280 calories/ 73 g fat/ 4,300 mg sodium
This is no feast if you're watching your weight. Most of the dish is deep fried, accounting for a day's worth of calories and fat, and three days of sodium.

Equivalent

One Admiral's Feast is like eating five Arby's roast beef sandwiches in fat.

Ultimate Feast

600 calories/ 28 g fat/ 3,660 mg sodium
A much better choice since you're getting virtually all steamed seafood, including lobster, shrimp and crab legs, is the Ultimate Feast.

Prepare for warm weather ahead by firing up grill for Hot Dogs with Chili

A spiced up and smoky chili atop a hot dog can sure hit the spot on a semi-warm spring night. It's also a great way to fire up the grill in preparation of warmer evenings ahead.

If there is no time to make the chili before your dinner guests arrive or before the kids come back from their extracurricular activities, be sure to use some leftovers you have in the fridge to jazz up your dog.

Some favourites are onions, sauerkraut, pickles, and relish but you can also add cheese and unique ingredients like avocado.

1. In a large skillet over medium heat, heat the two slices of bacon and half of the onion, stirring occasionally for about 5 minutes or until the bacon is crisp and browned. Add the jalapeno pepper and minced garlic and cook for about 1 minute. Add the ground sirloin and cook stirring and breaking up the meat with the side of a spoon, for about 5 minutes.

2. Add the chipotle chili, paprika, cumin and salt and mix well. Stir in the tomato sauce and beer; bring everything to a simmer. Reduce the heat to medium-low and simmer, stirring occasionally, for about 10 minutes or until liquid thickens; keep warm.

3. Prepare your grill for direct and indirect cooking over medium heat, 180 to 230 C (350 to 450 F).

4. Cut a few shallow slashes in each hot dog. Wrap the hot dog buns in a foil packet.

5. Grill the hot dogs over the direct medium heat, with the lid closed as much as possible, turning occasionally for 5 to 7 minutes or until the hot dogs are lightly marked on the outside and hot all the way to the centre.

6. During the last 3 minutes of grilling time, warm the packet containing the hot dog buns over indirect medium heat.

7. Place the hot dogs in the buns. Top each one with chili, cheese and remaining chopped onion. Serve warm.

WEBER'S TIME TO GRILL BY JAMIE PURVIANCE/ THE CANADIAN PRESS/ THIS RECIPE WAS ADAPTED FOR METRO NEWS BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)

Ingredients

- 2 slices bacon, finely chopped
- 1 medium white onion, finely chopped, divided
- 15 ml (1 tbsp) minced jalapeno pepper
- 10 ml (2 tsp) minced garlic
- 500 g (1 lb) ground sirloin
- 1 canned chipotle chile in adobo sauce, chopped, or 5 ml (1 tsp) chipotle chili powder
- 5 ml (1 tsp) smoked paprika
- 2 ml (1/2 tsp) each ground cumin and kosher salt
- 1 can (277 ml/8 oz) tomato sauce
- 125 ml (1/2 cup) lager beer, beef broth or water
- 8 all-beef hot dogs (each about 125 g/4 oz)
- 8 hot dog buns
- 250 ml (1 cup) grated sharp cheddar cheese

Hot Dogs with Chili

This recipe serves eight. THE CANADIAN PRESS H/O

Intelligent water pumps can result in significant cost savings — and help the environment. ISTOCK IMAGES

Getting water into your glass might be more costly than you think

Water pumps. Old, inefficient technology hurts the environment and wastes money

BEN KNIGHT
life@metronews.ca

Water is heavy. And it wants to move in one direction: down.

Human civilization needs water to go up — to the top floors of houses, office blocks, schools, apartment buildings and skyscrapers.

That takes an enormous amount of energy. Studies show about 18.5 per cent of all electrical power is expended moving water — and much of it is being wasted.

So says Jes Munk Hansen, North American president of Grundfos, the world's largest producer of water pumps.

Reducing consumption

Hansen says the bigger a nation's economy, the more energy is consumed pumping water. He also says Europe is a decade ahead of North America in addressing it.

"If you go into a hotel or school or bank and look at their mechanical room, you will see electric pumps that are typically quite old — technology from the '50s and sometimes earlier," he says.

"These pumps are not only inefficient by themselves, they basically run all the time because they don't have intelligence to tell them when to run. It's as silly as leaving your car engine running all night."

Hansen says this is a problem that actually feeds on itself. We need energy to move water, and water is essential to producing energy.

"What makes our pumps special is that the motors have added software and electronics. (We make) intelligent pumps that only consume the energy they absolutely need to."

The potential savings are staggering. "If the starting point is that almost 20 per cent of all electricity is consumed by water pumps, imagine if we can take out ... a quarter of that," says Hansen. "That would be ... the equivalent of many, many power plants."

Wasted power

18.5%

The approximate percentage of all the electrical power produced on Earth that is consumed by water pumps.

Queen of Green

The green way to clean stainless steel

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What's a non-toxic cleaner for stainless-steel appliances like my fridge?
Eileen, Ottawa

Did you know Canadians spend more than $275 million a year on household cleaning products?

We buy these products to fight germs, streaks, stains and odours to keep our homes sparkling clean. But despite what the TV commercials tell us, we don't need a separate stainless steel cleaner, floor cleaner, tub and tile cleaner and counter cleaner. Save your money and simplify!

Choose the smallest number of eco-friendly, multi-purpose products that will help achieve your household cleaning goals. Speaking of simple, the best way to clean streaks, smears and smudges from stainless-steel appliances is to use food-grade cleaning ingredients — white vinegar and olive oil.

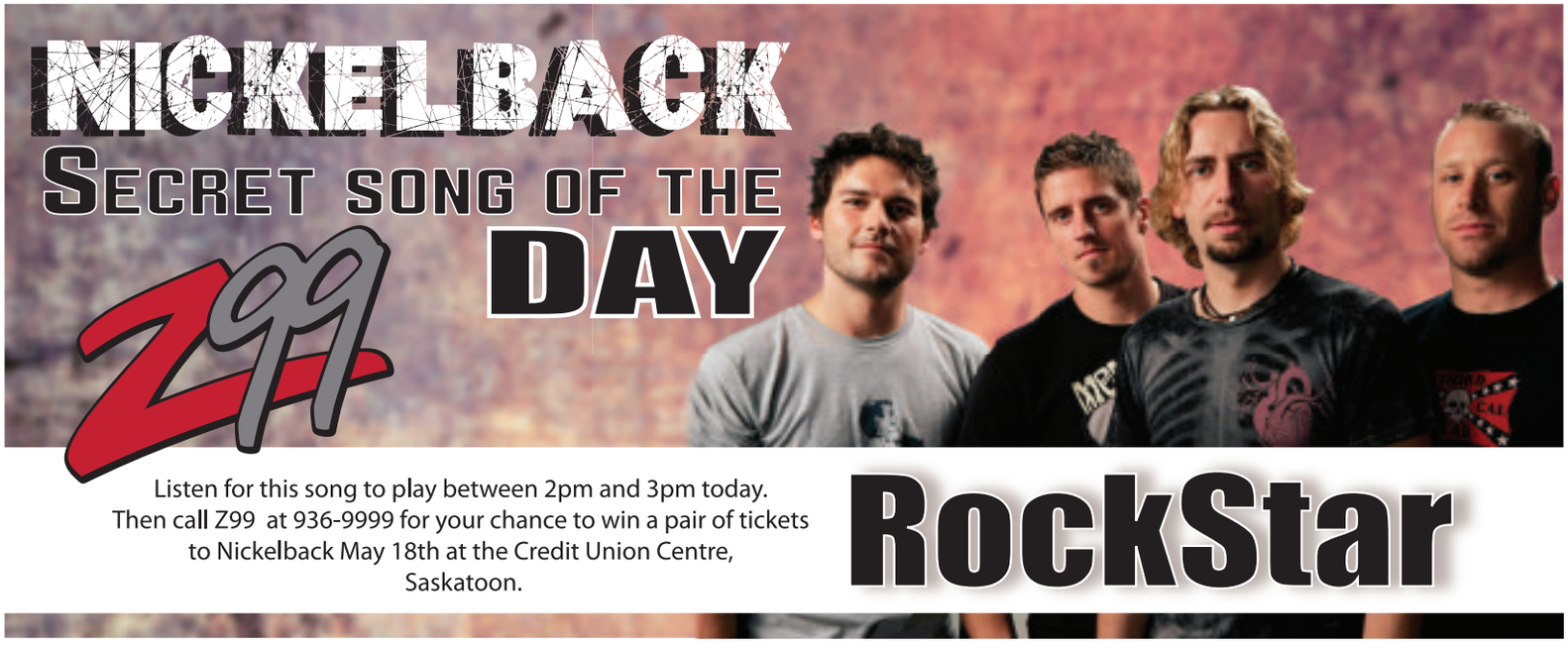
Step one: dampen a rag with plain olive oil. Then, wipe the surface of your stainless steel fridge. Step two: flip the same rag over and pour enough white vinegar to dampen. Now, wipe the stainless steel surface a second time — don't forget the fridge door handle.

Olive oil is great for lifting dirt. It also makes a great floor and furniture polish when you add a splash of lemon juice and a squirt of vinegar. And white vinegar will cut grease, deodorize and disinfect.

In the midst of a home-cleaning product detox? Take our survey at davidsuzuki.org/whatsinside and be entered to win fabulous prizes. We all win when we make eco-friendlier choices.

Use olive oil and vinegar to clean streaks and smears. ISTOCK IMAGES

FOR MORE QUEEN OF GREEN VISIT DAVIDSUZUKI.ORG/GREENLIVING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Listen for this song to play between 2pm and 3pm today.
Then call Z99 at 936-9999 for your chance to win a pair of tickets
to Nickelback May 18th at the Credit Union Centre,
Saskatoon.
RockStar

Feeling confined to your office cubicle? Beware of work burnout

Down at your desk. Study finds workers who feel obligated to stay with their company more likely to experience stress

Whether you feel a sense of obligation about your work or are staying on the job because you don't see an alternative, new research suggests the end result for employees could be the same: burnout.

According to Montreal researchers, the decision to stick with your company — whether by choice or because of slim pickings in the job market — can lead to emotional exhaustion, a chronic state of physical and mental depletion resulting from continuous stress and excessive job demands.

If you're feeling on the verge of a complete burnout, you may want to examine how attached you are to your current career. ISTOCK

The study was conducted by Concordia University, Universite de Montreal and HEC Montreal. The findings were published in the journal Human Relations.

Concordia assistant professor and study co-author Alexandra Panaccio and her colleagues surveyed 260 workers from various industries, including information technology, health services, engineering and architecture.

Among participants —aged 34 on average — 33 per cent held managerial positions, while 50 per cent worked in the public sector.

The study found that people who stay in their organizations because they feel an obligation toward their employer are more likely to experience burnout.

A similar effect can also be seen among workers who stay the course because they don't see alternatives for employment outside their current organizations.

Researchers also measured various types of organizational commitments, like whether employees identified with a company's goals and values and whether they felt an obligation to stay.

"It may be that, in the absence of an emotional bond with the organization, commitment based on obligation is experienced as a kind of indebtedness — a loss of autonomy that is emotionally draining over time," said Panaccio in a release.

THE CANADIAN PRESS

When feeling good feels bad

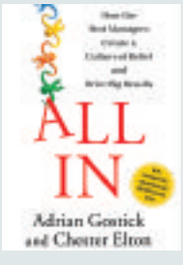
Researchers also observed that individuals with high self-esteem are most affected by a perceived lack of employment alternatives.

- The result is possibly because that perception is inconsistent with their self-view as important and competent people.

On the shelf

1501 Ways to Reward Employees

A revamped and overhauled version of his former book 1001 Ways to Reward Employees, Bob Nelson authors a hands-on, how-to guide on motivating and rewarding employees in the trickiest work environments.



All In: How the Best Managers Create a Culture of Belief and Drive Big Results

Based mostly on a 300,000-person study conducted during the recession, All In is an analysis of management choices that lead to creating a distinctive workplace culture. This "culture" is determined by a company's mission, values and goals, which are outlined in detail by authors Adrian Gostick and Chester Elton.

DELIA MACPHERSON

Now is the time to put French doors in your kitchen.

Depend on Maytag® refrigerators to give you maximum storage that conveniently fits into a 30-inch opening. With contemporary French-door design, this Maytag® refrigerator also has the utmost in style.

The new Whirlpool® French Door refrigerator provides fresh food simply at your fingertips. It has an easy access refrigerated drawer with removable dividers for customizable storage solutions with enough room to store veggie trays or birthday cakes.

The KitchenAid® 36" (91 cm) French Door refrigerator pampers you with style and quality as well as providing easy access to water and ice. A full-colour LCD display shows ingredient substitutions and unit conversions. Plus it has the ExtendFresh™ temperature management system to maximize freshness.

GET MORE WITH A FRENCH-DOOR REFRIGERATION EVENT

Purchase a qualifying Maytag,® Whirlpool® or KitchenAid® French Door Bottom Mount refrigerator and receive a **BONUS** KitchenAid® countertop appliance.**

LIMITED TIME OFFER
March 30 to April 15, 2012

Some conditions apply.*
See in-store associates or visit **www.whirlpoolcanadarebates.ca** for more details.

*Valid on qualifying Whirlpool®, Maytag® or KitchenAid® refrigerators purchased from a participating authorized Canadian Whirlpool®, Maytag® or KitchenAid® appliance dealer. Offer cannot be combined with any other Whirlpool®, Maytag® or KitchenAid® appliance offer. See tear pad in-store for qualifying models. All models may not be available at all dealers. No substitute models qualify. This offer is not available to dealers, builders or contractors. **KitchenAid® 5 Quart (4.75L) Artisan Stand Mixer (MSRP: $499.99[1]) gift based on purchase of a qualifying 33" or 36" French door refrigerator. KitchenAid® 14 Cup (13.5L) Coffee Maker (MSRP: $169.99[1]) gift based on purchase of a qualifying 30" French door refrigerator only. [1]MSRP is the Manufacturer's Suggested Retail Price. Dealer prices may vary. Dealer alone has sole discretion to set retail prices. Dealer may sell for less. In order to receive your gift with purchase, you must complete an online claim form at www.whirlpoolcanadarebates.ca and submit online, by mail or fax by July 15, 2012, or offer will be void. Allow 4 to 6 weeks from validation of claim to receive your gift. Offer open to Canadian residents only. One gift per household. Some restrictions may apply. ®Registered Trademark/™ Trademark of Whirlpool, U.S.A., KitchenAid, U.S.A., or Maytag Properties, LLC or its related companies. The shape of the stand mixer is a registered Trademark of KitchenAid, U.S.A. Used under license in Canada. © 2012. All rights reserved.

4 SPORTS

Quoted

"The bar has got to go up and we have to raise it. I was real patient this year, which was real good for me and I think it was good for the team.... I'll be less patient next year."

Winnipeg Jets head coach Claude Noel on Sunday after a season-ending 4-3 loss to the Tampa Bay Lightning in overtime on Saturday night. The Jets, who played as the Atlanta Thrashers last season, finished 22nd in the NHL at 37-35-10 and missed the playoffs — again. The franchise made only one playoff appearance in 12 seasons in Atlanta, bowing out in the first round in 2007 to the New York Rangers. Reborn as the Jets, the team played to packed houses at every home game at the MTS Centre, made more money for their owners than expected and certainly don't have to worry about fan support next season.

On the web

The Pittsburgh Penguins and Philadelphia Flyers kick off the NHL playoffs on Wednesday and the animosity between the long-time rivals has only increased over the past week. The war of words continued Sunday and Flyers forward Scott Hartnell says he expects a "bloodbath" when the first-round series gets underway. Scan the code for the story.

Canadian skip Glenn Howard celebrates with third Wayne Middaugh after winning the men's world curling title on Sunday. HO-MICHAEL BURNS/THE CANADIAN PRESS

Howard back on top of the world

Curling. Canadian skip wins fourth world title with extra-end triumph in Basel, Switzerland

Quoted

"He's got something. I can't really explain it, I'm just happy to be around for it."

Team Canada's Brent Laing on Glenn Howard's demeanour going into the winning throw

Canada's Glenn Howard began his day at St. Jakobshalle by bopping his head to the music that blared through the arena before the gold-medal game at the world men's curling championship.

He ended it by standing where he always does when he plays at this event — on the top step of the podium.

Howard appeared comfortable from the start of the 8-7 extra-end victory over Scotland's Tom Brewster on Sunday. It was the fourth career world men's title in four tries for the Ontario skip, who made the winning draw inside the four-foot.

"I was feeling really confident and really calm. That wasn't acting," Howard said. "You just try to stay in your own zone. You can't worry about outcome, you just worry about the shot at hand."

In the extra end, Canada lead Craig Savill hit two nice ticks and teammates Brent Laing and Wayne Middaugh came through with the necessary takeouts to set up Howard's winning throw.

"It's for the world championship and there's a lot on the line but Glenn makes it 99 times out of 100," Middaugh said. "That's why he's throwing the last puck and there's nobody better to have doing it."

It was Canada's 34th world championship since the first event was held in 1959. Howard's previous titles came in 1987, 1993 and 2007.

Brewster, who said he was "gutted" after the loss, settled for silver for the second straight year. He had a chance to win it in the 10th end but only scored one after his stone slid out.

Brewster lost to Manitoba's Jeff Stoughton in last year's final in Regina.

Official numbers weren't released but organizers estimated about 2,900 fans took in the gold-medal game.

THE CANADIAN PRESS

Hockey

Canada bounces back at worlds

Canada bounced back at the women's world hockey championship on Sunday 3-2 win over Finland in Vermont on Sunday.

Laura Fortino, Caroline Ouellette and Gillian Apps scored for Canada, while goaltender Shannon Szabados made 14 saves for the win.

Venla Hovi scored shorthanded and Saija Tarkki also scored for the Finns.

Canada is 1-1 in the tournament after opening with a 9-2 loss to the host U.S. THE CANADIAN PRESS

MLB

Jays miss season-opening sweep

Carlos Santana hit two home runs on his 26th birthday, Derek Lowe pitched seven strong innings and the Cleveland Indians (1-2) beat the Toronto Blue Jays 4-3 Sunday for their first win.

Lowe (1-0) got 15 outs on grounders and allowed two unearned runs in his Indians debut. Edwin Encarnacion had an RBI double and Brett Lawrie a sacrifice fly as Toronto (2-1) tied it at 2 in the fourth.

THE ASSOCIATED PRESS

NBA

Lin feeling good but still expects to miss Round 1

Knicks guard Jeremy Lin said Sunday he feels "pretty good" after knee surgery but doesn't think he could make it back for the first round of the playoffs.

"I think unless something goes really well, I wouldn't get there," Lin said before the Knicks played the Chicago Bulls.

THE ASSOCIATED PRESS

Bubba Watson celebrates his Masters win on the second playoff hole on Sunday in Augusta, Ga. ANDREW REDINGTON/GETTY IMAGES

Golf. Watson escapes with green jacket

Bubba Watson started the day by watching the rarest shot in golf. He ended another thrill-a-minute Sunday at Augusta National with a signature shot of his own to win the Masters.

So deep in the trees right of the 10th fairway that he couldn't even see the green, Watson hooked a wedge off the pine needles from 155 yards to about 10 feet from the hole. That set up a par, good enough to beat Louis Oosthuizen on the second playoff hole.

"If I've got a swing, I've got a shot," Watson said.

It was Oosthuizen who set the tone for this wild day with a double eagle — only the fourth in Masters history — on the par-5 second hole when his 4-iron from 253 yards landed on the front of the green and rolled some 90 feet into the hole for a two.

"Somehow it fell in my hands today," said Watson, who closed with a 68. "It's amazing. It's a blur, the last nine holes I don't remember anything. Somehow I guess I cried all my tears out."

He was blubbering hard on the 10th green, shoulders heaving, for so many reasons. Just two weeks ago, he and his wife adopted a baby boy, Caleb. The first person on the green was his mother — his father died right after the Ryder Cup in 2010.

"It's a blessing. To go home to my new son, it's going to be fun," Watson said in Butler cabin. THE ASSOCIATED PRESS

Quoted

"I never got this far in my dreams."

Bubba Watston on winning the Masters.

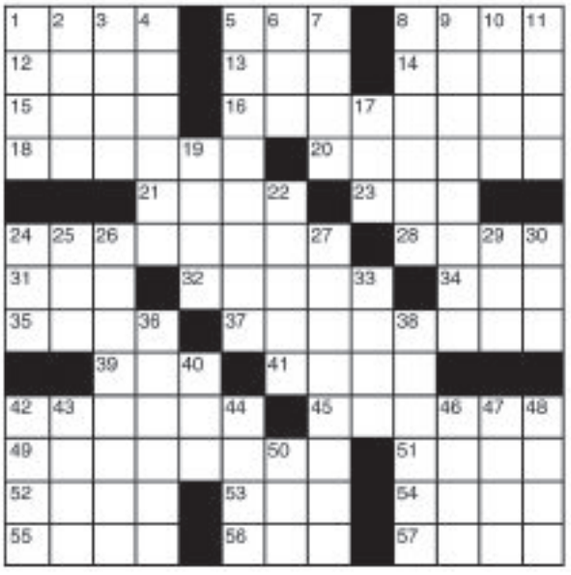
Crossword

Across

1 Mediocre
5 Sibling, for short
8 Low voice
12 Chew the fat
13 Young fellow
14 Engaged with
15 "— She Sweet?"
16 Pyrenees dweller
18 Tile art
20 Glosses
21 Stir-fry pans
23 More, to Manuel
24 Moderately slow melodies
28 Mail org.
31 "Gosh"
32 Musical transition
34 Japanese pond fish
35 "How clumsy of me"
37 Human-like robots
39 Greek vowel
41 Smell
42 U.S.A. neighbour
45 Morale
49 Male hormone
51 Tortoise's rival
52 Versifier
53 Snakelike swimmer
54 Eager
55 Remnants
56 Firmament
57 Capone foe

Down

1 Con game
2 Major U.S. river
3 Without (Fr.)
4 Capital of 42-Across
5 Dark brew
6 Scooted
7 Probability
8 Department
9 Social doings at a lodge
10 Musial or Laurel
11 Half the offspring
17 Resistance unit
19 Charged bits
22 Sheet-music symbol
24 Past
25 Ultra-modernist
26 Hinged (on)
27 Just like that
29 Legume holder
30 Kin of 5-Across
33 Cupid's alias
36 Opens
38 Warbucks' Annie, e.g.
40 Commotion
42 Part of a Dracula costume
43 In due course
44 Reacts to time
46 Great review
47 Rainbow
48 Kennedy and Danson
50 "A mouse!"



Sudoku

	2		6		4	9	8	
					9			6
1						4		5
	5		8			1	9	
				3				
	4	9			7		3	
5		2						9
3			4					
	7	4	3		2		6	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

2	4	6	9	7	5	1	8	3
3	8	7	6	1	2	9	4	5
5	1	9	8	3	4	7	6	2
8	7	2	4	9	3	6	1	8
8	3	1	7	5	6	4	2	9
4	9	5	1	2	8	3	7	6
9	2	4	3	6	1	8	5	7
7	6	8	5	4	9	2	3	1
1	5	3	2	8	7	6	9	4

Yesterday's Crossword

Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

QG CHD'OT BXZINQIS PHKT MHIQGTOHDP NOTTP, QN'P BHPPQAXT NLZN CHD KQSLN AT Z MTWZO PTTWTO.

Yesterday's Cryptoquip: SOME YOGURT GOT BANNED FROM THE HIGH-CLASS COUNTRY CLUB FOR NOT BEING CULTURED ENOUGH.

Today's Cryptoquip Clue: D equals U

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

Aries | March 21 - April 20. New faces and new places beckon this coming week, so get out and about and have a good time.

Taurus | April 21 - May 21. Your ideas may seem sensible to you but other people clearly have doubts and you will have to work hard to convince them.

Gemini | May 22 - June 20. Everything seems right with your world and what happens today will confirm your belief that the gods of luck are very much on your side.

Cancer | June 21 - July 22. If you feel uncomfortable with something you are doing it is most likely your conscience trying to warn you that you are on the wrong track.

Leo | July 23 - Aug. 22. There is no point arguing with people whose beliefs and opinions are so very different to your own.

Virgo | Aug. 23 - Sept. 22. Someone you meet today will make such an impression on you that you actually want to be like them.

Libra | Sept. 23 - Oct. 22. Don't attach too much importance to what you see or hear around you this coming week.

Scorpio | Oct. 23 - Nov. 21. Your challenge this week is to keep your more negative emotions under lock and key, even when certain people are clearly trying to provoke you into doing something intemperate.

Sagittarius | Nov. 22 - Dec. 21. According to the planets you will accomplish more over the next few days if you take a relaxed view of other people's transgressions.

Capricorn | Dec. 22 - Jan 20. No matter how many things have gone wrong in your life it will all start going right again when Mars turns direct on the 14th. Between now and then just try to relax. You've been far too intense of late.

Aquarius | Jan. 21 - Feb 18. Look on the bright side today even if your world seems to be coming apart at the seams.

Pisces | Feb. 19 - March 20. What you need to realize now is that you can have only a limited effect on your environment. Once you "get" that fact you won't feel so tempted to interfere in other people's lives — which only makes matters worse.

SALLY BROMPTON

ANDREW BROWNBILL/THE ASSOCIATED PRESS

Caption Contest

"So, does Bob know where we're heading?"
Eric B

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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